

COVID-19 Safety Plan

This plan details how Northern Nutrition & Dietetics adheres to the minimum safety requirements for managing the risks of COVID-19. This Safety Plan will be reviewed on a regular basis.

1. Cleaning and Hygiene

- all workers must thoroughly wash their hands prior to commencing work or entering a workplace and regularly wash or sanitise their hands when working in communal areas or moving from one area to another
- all equipment carried by workers must be clean
- all workers are to maintain good hygiene practices to avoid spread of disease including coughing or sneezing in to tissue and disposing of tissues immediately
- consultation areas must be wiped down with disinfectant frequently including seats and desks and any other objects handled
- waiting room areas must be wiped down frequently including door handles, waiting room chairs and shared toilet facilities
- Magazines, toys and other objects that attract contact will be removed
- Hand sanitiser will be available to all clients on arrival and instructions provided to use on arrival, during and after their consultation

2. Restrictions on Entry to Workplaces

- any workers required to isolate must not enter any workplace but can continue providing remote services as appropriate
- workers must not enter any workplace if they have symptoms of sore throat, fever, dry cough or shortness of breath
- all workers must comply with safety directions at individual workplaces including if their requirements are higher than in this safety plan
- all clients are advised on multiple occasions to not enter the workplace if they have symptoms of sore throat, fever, dry cough or shortness of breath. Other arrangements can be made including telehealth appointments or rescheduling

3. Physical Distancing in the Workplace

- all workers must comply with physical distancing requirements of workplaces including maximum number of people in an enclosed space

- all workers must maintain physical distancing from others when in workplace including during consultation
 - PPE must be used if unable to maintain social distancing
 - where possible and appropriate services can be provided remotely
 - number of people allowed in consult room = 3 (including practitioner)
 - number of people allowed in waiting room = 4
 - practitioners will rebook clients or direct clients to book online to avoid additional waiting periods in reception
4. **Providing instruction, training and supervision in respect to COVID-19**
- all workers are provided with the COVID-19 Safety Plan
 - all workers are regularly provided updates regarding management of COVID-19 and safety measures via email and phone
 - all workers have the opportunity to ask questions about COVID-19 and the Safety Plan
5. **Managing risks to health and safety**
- workers must not enter any workplace if they have symptoms of sore throat, fever, dry cough or shortness of breath
 - workers must not enter any workplace until deemed safe to do so if they have been in another facility or workplace where an outbreak has occurred
 - all clients are advised on multiple occasions to not enter the workplace if they have symptoms of sore throat, fever, dry cough or shortness of breath. Other arrangements can be made including telehealth appointments or rescheduling
6. **Responding to an incident of COVID-19 in the workplace**
- if a worker returns a positive test for COVID-19 all others worker in contact with that worker will be advised and requested to follow advice of Public Health for testing and/or isolation
 - if a worker returns a positive test for COVID-19 all clients, attendees and any other individuals the practitioner has been in contact with for up to 2 weeks prior (or as directed by Public Health) will be notified without delay

Authorisation

Authorised by: Stephen Hodgkinson **Date:** June 2020

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